



BALTIC STATES SWIMMING CHAMPIONSHIPS

3rd-4th of March 2023

Riga, Latvia



1. Venue and Time

- The competition will take place on 3rd-4th of March 2023 in Riga (LAT).
- 8 lanes 50 m swimming pool RTU Kipsalas Swimming Pool (Latvia).
- The date of arrival is 2nd (Thursday) of March 2023.
- Competition days:

DAY I 3rd of March 2023 (Friday)	DAY II 4th of March 2023 (Saturday)
Qualification heats: Warm up 8.45 – 9.55 Competition starts at 10.00 FINALS Warm up 16.00-16:55 Competition starts at 17.00	Qualification heats: Warm up 08.00 – 8.55 Competition starts at 09.00 FINALS Warm up 15.00-15:55 Competition starts at 16.00

* Trainings will be available on March 2nd upon additional fee and arranged training schedule in advance.

2. Organization

The Latvian Swimming Federation is responsible for the organization and management of the event. The swimming contests will be judged by the Referees Panel appointed by the Latvian Swimming Federation. The competition will be organized and officiated according to the World Aquatics rules and regulations.

3. Terms of participation

- Championship and meet are open for the Baltic States – Latvia, Lithuania and Estonia.
- It is allowed to enter up to two swimmers from each age group in each individual event.
- For additional entries athletes must have at least 525 World Aquatics points at respective event.
- **If additionally entered athlete achieved result is lower than 525 World Aquatics points, team will be invoiced extra fee in amount of 20,00 EUR for each result.**
- The number of relay entries per event per team are not limited.
- All entry times must be achieved in 15 months prior to the competition in 50m pool.

4. Age Groups

- **Youth (Y):** girls – 2008 y.o.b. and younger; boys – 2007 y.o.b. and younger.
- **Junior (J):** girls – 2006-2007 y.o.b.; boys – 2005-2006 y.o.b.
- **Open (O):** events that are not represented on the program of the Olympic Games, the finals of the individual events and the relay events in the evening sessions are held as open age group races.

5. Program

DAY I 3rd March 2023 (Friday)			DAY II 4th March 2023 (Saturday)		
Morning section Warm-up 8.45-9.55 Start: 10.00		FINALS Warm-up 16.00-16.55 Start: 17.00	Morning section Warm-up 8.00-8.55 Start: 09.00		FINALS Warm-up 15.00-15.55 Start: 16.00
1.	100 free M	100 free M	18.	100 free W	100 free W
2.	200 free W	200 free W	19.	200 free M	200 free M
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
3.	200 breast M	200 breast M	20.	200 breast W	200 breast W
4.	100 breast W	100 breast W	21.	100 breast M	100 breast M
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>
5.	100 Back M	100 Back M	22.	100 Back W	100 Back W
6.	200 Back W	200 Back W	23.	200 Back M	200 Back M

<i>Award Youth and Junior</i>		<i>Award OPEN</i>		<i>Award Youth and Junior</i>		<i>Award OPEN</i>	
7.	200 Fly M	200 Fly M		24.	200 Fly W	200 Fly W	
8.	100 Fly W	100 Fly W		25.	100 Fly M	100 Fly M	
<i>Award Youth and Junior</i>		<i>Award OPEN</i>		<i>Award Youth and Junior</i>		<i>Award OPEN</i>	
9.	400 Free M	400 Free M		26.	400 Free W	400 Free W	
10.	50 Free W	50 Free W		27.	50 Free M	50 Free M	
11.	50 breast M (OPEN)	50 breast M (OPEN)		28.	50 breast W (OPEN)	50 breast W (OPEN)	
<i>Award Youth and Junior</i>		<i>Award OPEN</i>		<i>Award Youth and Junior</i>		<i>Award OPEN</i>	
12.	200 IM M	200 IM M		29.	200 IM W	200 IM W	
13.	400 IM W	400 IM W		30.	400 IM M	400 IM M	
14.	50 Fly M (OPEN)	50 Fly M (OPEN)		31.	50 Fly W (OPEN)	50 Fly W (OPEN)	
15.	50 Back W (OPEN)	50 Back W (OPEN)		32.	50 Back M (OPEN)	50 Back M (OPEN)	
16.	4x100 medley M	Youth Junior	4x100 medley M (OPEN)	33.	4x100 medley W	Youth Junior	4x100 medley W (OPEN)
17.	4x100 free W	Youth Junior	4x100 free W (OPEN)	34.	4x100 free M	Youth Junior	4x100 free M (OPEN)
<i>Award Youth and Junior</i>		<i>Award OPEN</i>		<i>Award Youth and Junior</i>		<i>Award OPEN</i>	
<i>TEAMS and BEST Performances award ceremonies</i>							

6. Competition Rules

- This meet is a World Aquatics approved qualification meet.
- This competition is approved as qualifying event for the Paris 2024 Olympic Games and as qualifying event for the World Aquatics Championships Fukuoka (JPN) 2023.
- This competition is certified generally in accordance with the World Aquatics rules and under the event regulations of the Swimming Federation of Latvia.
- The competition is held with preliminaries and finals A and B for all 50m and 100m individual events.
- The competition is held with preliminaries and final for all 200m and 400m individual events.
- The winners of the youth and junior age groups in the individual events of the competition that are represented on the program of the Olympic Games are determined during preliminary heats as the timed final races.
- The relay events in the morning sessions are youth and junior age group events only.
- Penalty fee for not attending to the start (mark 'DNS' in the Official Results): individual event – 20 EUR, relay event – 30 EUR.
- Withdrawals from the final(-s)/reserve must be given to the secretary of the competition within 30 minutes after the last heat of respective event.
- Deposit in case of protest is 50 EUR.

7. Team scoring and awards

Youth and Junior age group:

Two fastest swimmers from each country in each gender and age group bring points for their team in individual events as follows: 1st place – 7 points, 2nd – 5 points, 3rd – 4 points, 4th – 3 points, 5th – 2 points, 6th – 1 point. The fastest relay team from each country in each gender and age group bring points for their team in relay events in each session as follows: 1st place – 14 points, 2nd – 10 points, 3rd – 8 points.

Open age group:

8 fastest swimmers from final A in each gender bring points for their team in individual events as follows: 1st place – 9 points, 2nd – 7 points, 3rd – 6 points, 4th – 5 points, 5th – 4 points, 6th – 3 points, 7th – 2 points, 8th – 1 point.

The fastest relay team from each country in each gender bring points for their team in relay events in each session as follows: 1st place – 18 points, 2nd – 14 points, 3rd – 12 points.

AWARDS

- Three fastest swimmers and relay teams in each event and gender in youth, junior and open age group will be awarded with medals.
- Best swimmer in each gender according to the actual World Aquatics Points Table in youth, junior and senior age groups will be awarded with special prizes.
- Each country will be awarded with cup according to the overall ranking.

8. Entries and fees

- Final Entries should be submitted using the Online Entry System that can be found on the address: <https://www.swimrankings.net/manager/>. System closes on 27th of February 2023 at 23:59.
- By default technical entry times for an individual and relay events will be based on information from the European Swimming Federation (LEN) rankings database and other World Aquatics members' competition results that are achieved in Open Competition between the period from the 25th of December 2021 till the 20th of March 2023 and can be found on the website: www.swimrankings.net.
- All competing swimmers must be entered in the meet (even if they are not swimming in individual events) and relay entries should be filled with the names of the swimmers respectively.
- Names for the team delegates together with the Entry Reports must be sent by the team representative and received by the Latvian Swimming Federation **by midnight on the 27th of February 2023** by e-mail to the address: info@swimming.lv indicating in the e-mail subject the names of the meet and the team. The entries should consider received after the sender has got the confirmation e-mail (replay).
- The last corrections (substitution or withdrawal) for an individual or relay events must be submitted to the secretary of the competition no later than 60 minutes before the start of the session in which the race takes place.
- By submitting the entries, the represented organization confirms the all participants' eligibility of their health conditions and ability of all entrants to take part in competition, and takes the full responsibility of their health insurance, accommodation, catering and travel etc. expenses.
- Starting fee of 20,00 EUR for each athlete shall be paid by 28th of February using bank transfer.

9. Accommodation

Riga Islande Hotel <https://islandehotel.lv/>

Room rates:

Single room 48 eur/per person/per night

Double standard 54 eur/per room/per night

Request for accommodations till 02.02.2023

Aivars Platonovs info@swimming.lv

10. Contacts

Aivars Platonovs, President of Latvian Swimming Federation – info@swimming.lv (general topics, accomodation).

Alona Fokina, executive director of Latvian Swimming Federation – alona.fokina@swimming.lv

Entries, substitution and withdrawal - girts.treiguts@swimming.lv