

Lietuvos plaukimo žiemos pirmenybės  
Alytus, 17- - 19-2-2022

Event 21 Men, 400m Medley Open  
2022-02-18 - 17:48 Results Final

Lithuanian Age Group Records - 16	4:27.77	Erikas, KAPOCIUS	IPK	Poznan (POL)	2017
Lithuanian Age Group Records - 14	4:43.12	Erikas, KAPOCIUS	IKSC	Kaunas	2015
Lithuanian Age Group Records - 12	5:22.19	Džiugas, KARKLELIS	IKSC	Riga (LAT)	2016
Lithuanian Records	4:19.65	Vytautas, JANUSAITIS	KPM	Canet-en-Roussillon (FRA)	2009

Varžyb. normatyvai 50m: 5:18.20 - 25m: 5:06.41

Points: Rudolph Table 2020

Rank			YB							Time	Pts	
1.	Nojus, SKIRUTIS		03	Kauno PM						<b>4:34.71</b>	14,9	
	50m:	28.00	28.00	150m:	1:36.88	35.98	250m:	2:52.51	38.87	350m:	4:04.44	31.69
	100m:	1:00.90	32.90	200m:	2:13.64	36.76	300m:	3:32.75	40.24	400m:	4:34.71	30.27
2.	Eimantas, MILIUS		96	Kauno PM						<b>4:41.36</b>	11,5	
	50m:	28.79	28.79	150m:	1:39.59	35.99	250m:	2:55.28	39.90	350m:	4:09.18	33.52
	100m:	1:03.60	34.81	200m:	2:15.38	35.79	300m:	3:35.66	40.38	400m:	4:41.36	32.18
3.	Adomas, GATULIS		05	Panev. žio Žemyna						<b>4:45.91</b>	13,6	
	50m:	28.17	28.17	150m:	1:39.04	37.58	250m:	2:56.43	40.07	350m:	4:12.45	33.85
	100m:	1:01.46	33.29	200m:	2:16.36	37.32	300m:	3:38.60	42.17	400m:	4:45.91	33.46
4.	Kostas, VAIŠIŠAS		06	Panev. žio Žemyna						<b>4:46.79</b>	15,0	
	50m:	30.40	30.40	150m:	1:45.05	39.77	250m:	3:03.90	40.45	350m:	4:17.18	32.40
	100m:	1:05.28	34.88	200m:	2:23.45	38.40	300m:	3:44.78	40.88	400m:	4:46.79	29.61
5.	Titus, VAITUKAITIS		06	Sostines SC						<b>4:55.30</b>	12,9	
	50m:	30.74	30.74	150m:	1:44.73	37.50	250m:	3:06.06	44.63	350m:	4:23.61	32.99
	100m:	1:07.23	36.49	200m:	2:21.43	36.70	300m:	3:50.62	44.56	400m:	4:55.30	31.69
6.	Aikas, REMEIKA		05	Panev. žio Žemyna						<b>4:55.54</b>	10,4	
	50m:	29.42	29.42	150m:	1:43.43	38.27	250m:	3:04.78	42.83	350m:	4:21.56	34.00
	100m:	1:05.16	35.74	200m:	2:21.95	38.52	300m:	3:47.56	42.78	400m:	4:55.54	33.98
7.	Titus, ŠTUOPIS		05	Marijampolės SC						<b>4:56.01</b>	11,1	
	50m:	30.20	30.20	150m:	1:46.34	38.90	250m:	3:06.93	43.13	350m:	4:22.99	33.61
	100m:	1:07.44	37.24	200m:	2:23.80	37.46	300m:	3:49.38	42.45	400m:	4:56.01	33.02
8.	Kajus, RIMKUS		07	Kauno PM						<b>4:58.24</b>	13,7	
	50m:	31.14	31.14	150m:	1:50.10	42.94	250m:	3:10.85	40.83	350m:	4:26.82	33.36
	100m:	1:07.16	36.02	200m:	2:30.02	39.92	300m:	3:53.46	42.61	400m:	4:58.24	31.42