

LITHUANIAN OPEN SWIMMING CHAMPIONSHIPS 2019

Regulations

I PLACE, TIME, PROGRAMME

- 1.1. **Place:** 50 m pool “Girstutis” (Kovo 11-osios g. 26) in Kaunas
- 1.2. **Time:** 25–27 of April, 2019
- 1.3. Qualification event for the Tokyo 2020 Olympic Games, FINA World Championships 2019, FINA World Junior Swimming Championships 2019, European Junior Swimming Championships 2019, EYOF, Universiade 2019.
- 1.4. Programme:

DAY I

DAY I HEATS 25 April Warm-up 10.00. Beginning 11.00				DAY I FINALS 25 April Warm-up 16.30 Beginning 17.30			
No	Event	W/M		No	Event	W/M	
1.	200 m free	W M	Q	1.	200 m free	W M	F B, A
2.				2.			
3.	100 m breast	W M	Q	3.	100 m breast	W M	F B, A
4.				4.			
5.	100 m back	W M	Q	5.	100 m back	W M	F B, A
6.				6.			
7.	50 m fly	W M	Q	7.	50 m fly	W M	F B, A
8.				8.			
9.	200 m medley	W M	Q	9.	200 m medley	W M	F B, A
10.				10.			
11.	800 m free	W	SLO	11.	800 m free	W	F (fastest 8)
12.	1500 m free	Mi	SLO	12.	1500 m free	M	F (fastest 8)
				13.	4*100 m MIX (2 W, 2 M)	MIX	F

DAY II

DAY II HEATS 26 April Warm-up 9.30 Beginning 10.30				DAY II FINALS 26 April Warm-up 16.00 Beginning 17.00			
No	Event	W/M		No	Event	W/M	
16.	50 m breast	W M	Q	16.	50 m breast	W M	F B, A
17.				17.			
18.	100 m free	W M	Q	18.	100 m free	W M	F B, A
19.				19.			
20.	200 m fly	W M	SLO	20.	200 m fly	W M	F (fastest 8)
21.				21.			
22.	400 m medley	W M	SLO	22.	400 m medley	W M	F (fastest 8)
23.				23.			



24.	50 m back	W M	Q	24.	50 m back	W M	F B, A
25.				25.			
				26.	4*100 m free	W M	F
				27.			

DAY III

DAY III HEATS 27 April Warm-up 9.30 Beginning 10.30				DAY III FINALS 27 April Warm-up 15.30 Beginning 16.30			
No	Event	W/M		No	Event	W/M	
28.	50 m free	W M	Q	28.	50 m free	W M	F B, A
29.				29.			
30.	200 m back	W M	Q	30.	200 m back	W M	F B, A
31.				31.			
32.	200 m breast	W M	Q	32.	200 m breast	W M	F B, A
33.				33.			
34.	100 m fly	W M	Q	34.	100 m fly	W M	F B, A
35.				35.			
36.	400 m free	W M	Q	36.	400 m free	W M	F B, A
37.				37.			
				38.	4*100 m	W M	F
				39.	medley		

*Entry into the swimming pool opens 30 min before the beginning of the competition.

II PARTICIPANTS AND STANDARDS

WOMEN	EVENT	MEN
30.20	50 m free	26.50
1.06.50	100 m free	59.70
2.39.00	200 m free	2.24.00
5.37.00	400 m free	5.10.00
11.33.20	800 m free	-
-	1500 m free	20.30.00
34.40	50 m back	30.50
1.14.20	100 m back	1.06.10
2.55.00	200 m back	2.38.00
37.90	50 m breast	33.80
1.22.40	100 m breast	1.14.30
3.17.00	200 m breast	2.59.00
31.90	50 m fly	28.40
1.11.50	100 m fly	1.03.40
2.52.20	200 m fly	2.37.50
2.59.00	200 m medley	2.41.00
6.21.00	400 m medley	5.45.00

III ENTRIES

- 3.1. Entries must be submitted by no later than **24:00, 18 April, 2019.**
- 3.2. Changes/withdrawals will be accepted until **12:00, 24 April, 2019.**
- 3.3. Late entries will be accepted from 18 April, 24:00, to 12:00, 24 April. The fee is 15 Eur / event.
- 3.4. Submitting an extra event (not applicable to changes and withdrawals) in reference to 3.2. is considered to be a late entry.
- 3.5. No changes will accepted after 12:00, 24 April, 2019.
- 3.6. Entries must hold doctors' visas allowing participation in competition. Team leaders are responsible for the valid allowances.
- 3.7. The entry times must cover the period from 01-09-2017 to 18-04-2019.
- 3.8. With entries you must submit the relay team entry. Only the teams who have submitted the relay team will be allowed to submit the named entries during the competition (must be submitted 60 minutes before the beginning of that competition part where the relay event will take place).
- 3.9. Each organization can have more than one relay team.
- 3.10. Entries may be submitted as following:

Swimranking.net online	“Entry Editor”
<ul style="list-style-type: none">- All athletes and relay teams;- File “entries by athlete” must be sent to lpf.paraiskos@gmail.com	<ul style="list-style-type: none">- Entry times from 50 m pools will be seeded ahead of times from 25 m pools. In case the athlete has not result, the NT must be indicated. The submission must include: pool length, date, city (not the title of the event).- The completed application forms (entries) must be named after the team (i. e., Kauno PM, Vilniaus VCM).- The results must be achieved in the competition of at least sport’s school.- The swimmers, whose achieved results mismatch with the results from the technical entry or are achieved in the event of lower level than sport school’s, will start with the mark “no result”.- All entries must be sent only by e-mail: lpf.paraiskos@gmail.com- Entries are considered to be accepted after a confirmation (reply) is received.

IV. COMPETITION

- 4.1. FINA rules are applied.
- 4.2. Electronic timing system.
- 4.3. The swimming costumes and apparel must meet the FINA requirements.
- 4.4. The competition is held with heats and finals.:
- 4.5. In 50, 100, 200, 400 m events the the qualifications and B and A finals will be held: “B’ final 9-16 places; “A” final 1-8 places taken in qualifications.



- 4.6. Events with less than 24 participants will be held as an A final.
- 4.7. Events with 8 participants or less will be held as an A final in the evening session.
- 4.8. In 200 m fly, 400 m medley, 800 m and 1500 m free events (in referral to results in entries) the slower heats will be held in the morning session, and in the evening session - the fastest heats with the 8 best results.
- 4.9. In 800 m and 1500 m freestyle events, the participants are not allowed to finish the distance if they do not finish in the following times: 800 m –12 min., 1500 m – 24 min.
- 4.10. Relay events are held as the finals.
- 4.11. Before entering the race, the participant must register at the participants' judge in the call room. In case of not showing up, the participant will not be allowed to participate in the event
- 4.12. For the finals, 2 reserve names will be announced, they must come to the participants' meeting point.
- 4.13. The written withdrawal from the final must be handed to the secretary no later than 20 min after announcing the results. Otherwise, the fine will be issued.

V AWARDS

- 5.1. The first three swimmers in each event will be awarded with medals and diplomas of the Lithuanian Swimming Federation, in relays - only medals.
- 5.2. The best three swimmers who will collect the higher amount of FINA points in three events sum total (only in the individual events), will be awarded with money prizes:
 - I place – 600 €;
 - II place – 500 €;
 - III place – 400 €;
 - IV place – 300 €;
 - V place – 200 €;
- 5.3. In youth age group, two swimmers (1 female born 2002 or younger and 1 male born 2001 or younger) who will collect the higher amount of FINA points in three events sum total (only in the individual events), will be awarded with money prizes:
 - I place: 1 female and 1 male – 300€

The youth age group participants are not eligible to receive money prizes for both age groups - they will be awarded only with the larger money prize and this will allow the athlete that is next in line to be awarded with the money prize as well (if he or she did not win in an adult age group).

- 5.4. If two or more swimmers collect the same amount of FINA points in three events, the winners will be announced according to the ranking he has in the first event (second, etc.).
- 5.5. If the athlete misses the award ceremony, he/she will not receive the prize.
- 5.6. There might be extra prizes.

VI PROTESTS

- 6.1. Protests are allowed only against violations of competition rules and regulations as well as in situations where the competition or participants are endangered.
- 6.2. All protests must be submitted in writing with deposit of 50 Euro.
- 6.3. Meet's board of appeal will process protests according to the Fina rules.
- 6.4. In case of granted protest, deposit will be returned.

VII FINANCIAL TERMS

- 7.1. Participation fee – 15 Eur.
- Late entry – 15 Eur / event
- 7.2. The fee must be paid for all participants included into the protocol. The entry fee is payable for the person not for the events.
- 7.3. Fine for not meeting the standard – 8 €.
- 7.3. Fine for missing the heat – 5 €, final - 10 €, relay– 20 €.
- 7.4. Participation fee and fines can be paid to federations account:
Lithuanian swimming federation
Neries krantine 16-406, Kaunas
Company code 191917910
IBAN LT49 7044 0600 0150 1455
AB SEB Bank
SWIFT code CBVILT2X
Reference: LC 2019 (club's name)

VIII. FINAL STATEMENTS

- 8.1. The championships is a public event, where videos and photos might be taken.
- 8.2. The filmed and photographed material may be published in the media and online.
- 8.3. The team leaders are responsible for:
following the deadlines;
the participants' safety during the arrival/departure and the competition;
proper behaviour of their athletes during the competition and the free time.
- 8.4. By submitting application form participants agree to the Terms and Conditions of the Event.

IX ADDITIONAL STATEMENTS

- 9.1. It is possible to take part only in one event (except 400 IM, 400, 800 and 1500 m freestyle), no fees and fines will applied. However, the theses entries must be submitted by email dalyvis@ltuswimming.com indicating:
- Name and surname
- Full birth date
- Events.
- Organization as well as a code (if there is one) (results will be sent to swimrakings.net)
- 9.2. Deadline 24:00, 12 April, 2019.
- 9.3. The list of accepted entries will be online at www.ltuswimming.com on 18-22-04-2019.
- 9.4. Each participant must have a valid doctor's permission.



X CONTACTS

Email - lpf.paraiskos@gmail.com

Website - www.ltuswimming.com

FINA referee Milda Šeibokaitė #19

FINA referee Kęstutis Margevičius #20

FINA starter Michailas Romanovskis #20

FINA starter Jonas Malinauskas #20
