

# Lithuanian Winter Championships 2019

(Lietuvos žiemos pirmenybės)

- Qualification event for the World Swimming Championships 2019
- Qualification event for the Tokyo Olympic Games 2020



## 1. Venue and Time

- The competition will take place on 1–2 of March, 2019, in Alytus (LTU).
- 8 lanes, 50 m indoor swimming pool
- Program:

DAY I 1st of March, 2019 (Friday)	DAY II 2nd of March, 2019 (Saturday)
Heats: Warm-up 9.00–9.55 Competition starts at 10.00	Heats: Warm-up 9.00 –9.55 Competition starts at 10.00
FINALS Warm-up 16.00–16.55 Competition starts at 17.00	FINALS Warm-up 15.00–15.55 Competition starts at 16.00

## 2. Organization

The LTU Swimming Federation is responsible for the organization and management of the event. The judges for the competition will be appointed by the Lithuanian Swimming Federation. The competition will be organized and officiated according to the FINA rules and regulations.

## 3. Participation

The Meet is open – all countries are welcomed!

3 Age Groups:

➤ **YOUTH**

Boys born on 2003– and younger (16 years of age and younger)

Girls born on 2004– and younger (15 years of age and younger)

➤ **JUNIOR**

Boys born on 2001–2002 (18–17 years of age)

Girls born on 2002–2003 (17–16 years of age)

➤ **OPEN category**

Open group, without any age limitation.

## 4. Program

DAY I 1st March 2019 (Friday)			DAY II 2nd March 2019 (Saturday)				
Morning section Warm-up 9.00-9.55 Start: 10.00		FINALS Warm-up 16.00-16.55 Start: 17.00	Morning section Warm-up 9.00-9.55 Start: 10.00		FINALS Warm-up 15.00-15.55 Start: 16.00		
1.	400 free M	400 free M, A	18.	400 free W	400 free W, A		
2.	200 free W	200 free W, A	19.	200 free M	200 free M, A		
3.	200 breast M	200 breast M, A	20.	200 breast W	200 breast W, A		
4.	100 breast W	100 breast W, A+B	21.	100 breast M	100 breast M, A+B		
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
5.	100 Back M	100 Back M, A+B	22.	100 Back W	100 Back W, A+B		
6.	200 Back W	200 Back W, A	23.	200 Back M	200 Back M, A		
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
7.	200 Fly M	200 Fly M, A	24.	200 Fly W	200 Fly W, A		
8.	100 Fly W	100 Fly W, A+B	25.	100 Fly M	100 Fly M, A+B		
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
9.	100 Free M	100 Free M, A+B	26.	100 Free W	100 Free W, A+B		
10.	50 Free W	50 Free W, A+B	27.	50 Free M	50 Free M, A+B		
11.	50 breast M (OPEN)	50 breast M, A+B	28.	50 breast W (OPEN)	50 breast W, A+B		
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
12.	400 IM W	400 IM W, A	29.	400 IM M	400 IM M, A		
13.	200 IM M	200 IM M, A	30.	200 IM W	200 IM W, A		
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
14.	50 Back W (OPEN)	50 Back W, A+B	32.	50 Back M (OPEN)	50 Back M, A+B		
15.	50 Fly M (OPEN)	50 Fly M, A+B	31.	50 Fly W (OPEN)	50 Fly W, A+B		
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
16.	4x100 free W	Youth	4x100 free W (OPEN)	33.	4x100 free M	Youth	4x100 free M (OPEN)
		Junior				Junior	
17.	4x100 medley M	Youth	4x100 medley M (OPEN)	34.	4x100 medley W	Youth	4x100 medley W (OPEN)
		Junior				Junior	
<i>Award Youth and Junior</i>		<i>Award OPEN</i>	<i>Award Youth and Junior</i>		<i>Award OPEN</i>		
<i>TEAMS and BEST Performances award ceremonies</i>							

## 5. Competition Rules

- **Morning heats** – seeded from slowest to fastest heats (not divided according to age groups). 8 or 16 fastest swimmers (50, 100 m events – A and B Finals; 200,400 m events – only A final) will qualify for the finals and will compete in an OPEN age group in the evening session. The final result lists will be prepared according to the age groups for Youth and Junior from the remaining results.
- **Evening finals – Finals of OPEN group.** No age limitations. First 8 (only A Final) places provide points to team scoring.
- FINA rules applied.
- Entry fee 7 Euro / participant / per competition

## 6. Team scoring and awards

---

### **YOUTH**

- 8 fastest swimmers in every event will bring points to their team: individual events 17-15-14-13-12-11-10-9
- One relay team per club will bring points to their team multiplied by 2 (two): 34-30-28-26-24-22-20-18
- The winners are determined among boys and girls for each event. Athletes who have taken 1, 2, 3 places for individual events will be awarded with diplomas and medals.
- Relays teams will be awarded with Cup trophies.

### **JUNIOR**

- 8 fastest swimmers in every event will bring points to their team: individual events 17-15-14-13-12-11-10-9
- One relay team per club will bring points to their team multiplied by 2 (two): 34-30-28-26-24-22-20-18
- The winners are determined among boys and girls for each event. Athletes who have taken 1, 2, 3 places for individual events will be awarded with diplomas and medals.
- Relays teams will be awarded with Cup trophies.

### **OPEN age group**

- Participants of OPEN category:
    - 50 and 100 events – A Final (8 fastest from morning heats) + B Final (9–16 fastest from morning heats)
    - 200, 400 events – A Final (8 fastest from morning heats)
  - 8 fastest swimmers in every event will bring points to their team: individual events 17-15-14-13-12-11-10-9
  - One relay team per club will bring points to their team multiplied by 2 (two): 34-30-28-26-24-22-20-18
  - The winners are determined among men and women for each event. Athletes who have taken 1, 2, 3 places for individual events will be awarded with diplomas and medals.
  - Relays teams will be awarded with Cup trophies.
  - The winning teams in overall standing (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>) by total points will be awarded with cups.
  - Additionally, 5 best swimmers who have scored the most points based on FINA Table will be awarded with money prizes:
    - 1<sup>st</sup> place – 600 Euro
    - 2<sup>nd</sup> place – 500 Euro
    - 3<sup>rd</sup> place – 400 Euro
    - 4<sup>th</sup> place – 300 Euro
    - 5<sup>th</sup> place – 200 Euro
- \* Only Olympic events according to 2018 FINA points table.*

## 7. Application

---

- Final Entries should be submitted via the Online Entry System found here: <https://www.swimrankings.net/manager/>
- Technical entry times for an individual and relay events must comply with the information from the European Swimming Federation (LEN) rankings database and other FINA members' competition results that must be achieved in an Open Competition during the period from **1st of January 2018 to 22nd of February, 2019** and can be found on the website **www.swimrankings.net**. Swimmers whose achieved results from the database mismatch with the results from technical entry, will start with mark 'NT'.
- Entry Reports must be sent by the team representative to the email [lpf.paraiskos@gmail.com](mailto:lpf.paraiskos@gmail.com) by midnight of 22 of February.
- The entry form by names for the relays should be submitted to the Secretary no later than one hour before the beginning of the session of the current day.

- Deadline for swimrankings.net online entries – **February 22th, 2019.**
- Withdrawals, changes possible by email [lpf.paraiskos@gmail.com](mailto:lpf.paraiskos@gmail.com) till **February 27th, 2019.**
- All DNS (Did not start) during the competition without medical excuse will be fined 7 Euro per DNS.

## 8. Atranka į Baltijos šalių čempionatą (only for LTU)

---

- 2019 03 22–23 Tartu (Estija) vyks Baltijos šalių čempionatas;
- Baltijos šalių čempionato programa, amžiaus grupės – analogiškos LŽP;
- LŽP metu vyks Lietuvos rinktinės komandos atranka į BSC;
- Atranka vyks Youth, Junior ir Senior amžiaus grupėse;
- Po 2 geriausių plaukikus kiekviename nuotolyje bus kviečiami į Baltijos šalių čempionato Lietuvos rinktinės;
- Galutinė BSC komandos sudėtis skelbiama ne vėliau nei 2019 03 12 d.

## 9. Other information

---

- The championships is a public event, where videos and photos might be taken.
- The filmed and photographed material may be published in the media and online.
- The team leaders are responsible for: following the deadlines; the participants' safety during the arrival/departure and the competition; proper behavior of their athletes during the competition and the free time.
- By submitting application form participants agree to the Terms and Conditions of the Event.
- Contact:  
[lpf.paraiskos@gmail.com](mailto:lpf.paraiskos@gmail.com)  
[www.ltuswimming.com](http://www.ltuswimming.com)

—  
—  
—