

LITHUANIAN SWIMMING FEDERATION SPRINT CUP 2018

Regulations

I. TIME, PLACE, PROGRAMME

1.1. **Place:** Anykščiai 25 m pool BANGENIS: Ažupiečių st. 1A.

1.2. **Data:** 9-10 November, 2018.

1.3. Organized by the Lithuanian Swimming Federation.

1.4. Programme:

DAY I							
DAY I HEATS 09-11 Warm-up 9:30 Beginning 10:30				DAY I FINALS 09-11 Warm-up 16:30 Beginning 17:30			
	Event				Event		
1. 2.	100 m free	W M	Q	1. 2.	100 m free	W M	C,B,A
3. 4.	100 m breast	W M	Q	3. 4.	100 m breast	W M	C,B,A
5. 6.	100 m back	W M	Q	5. 6.	100 m back	W M	C,B,A
7. 8.	100 m fly	W M	Q	7. 8.	100 m fly	W M	C,B,A
9. 10.	100 m IM	W M	Q	9. 10.	100 m IM	W M	C,B,A
11.	4*50 m IM	MIX	Q	11.	4*50 m IM	MIX	Final

DAY II							
DAY II HEATS 10-11 Warm-up 9:00 Beginning 10:00				DAY II FINALS 10-11 Warm-up 15:30 Beginning 16:30			
	Event				Event		
12. 13.	50 m free	W M	Q	12. 13.	50 m free	W M	C,B, A
14. 15.	50 m breast	W M	Q	14. 15.	50 m breast	W M	C,B, A
16. 17.	50 m back	W M	Q	16. 17.	50 m back	W M	C,B, A
18. 19.	50 m fy	W M	Q	18. 19.	50 m fly	W M	C,B, A
20. 21.	200m IM	W M	Q	20. 21.	200 m IM	W M	C,B, A
22.	4*50 m free	MIX	Q	22.	4*50 m free	MIX	Final

*Entry into the swimming pool is open 60 min before the beginning of the competition

II. PARTICIPANTS AND STANDARDS

Women	Event	Men
32.60	50 m free	28.50
1.11.10	100 m free	1.03.20
36.00	50 m back	31.80
1.17.80	100 m back	1,09.00
40.40	50 m breast	35.50
1,28.30	100 m breast	1,18.50
34,20	50 m fly	30.60
1,17.50	100 m fly	1,08.50
1.21.80	100 m medley	1.11.80
2,56,70	200 m medley	2,35.80

III. ENTRIES

- 3.1. Entries must be submitted by no later than **24:00 02-11-2018**.
- 3.2. Changes/withdrawals will be accepted until **15:00 06-11-2018**.
- 3.3. Late entries will be accepted from 02-11-2018 24:00 to 06-11-2018 15:00. The fee is 15 Eur / event.
- 3.4. Extra event (not applicable to changes and withdrawals) in reference to 3.2. is considered to be a late entry.
- 3.5. No changes will be accepted after **15:00 06-11-2018**.
- 3.6. Entries must hold doctors' visas allowing participation in competition. Team leaders are responsible for the valid allowances.
- 3.7. Entry times must cover the period from 01-09-2017 to 06-11-2018.
- 3.8. With entries you must submit the relay team entry. Only the teams who have submitted the relay team will be allowed to submit the named entries during the competition (must be submitted 60 minutes before the beginning of that competition part where the relay event will take place).
- 3.9. Each organization can have more than one relay team.
- 3.10. Entries may be submitted as following:

Swimranking.net online

- All athletes and relay teams;
- File "entries by athlete" must be sent to **lpf.paraikos@gmail.com**

"Entry Editor"

- Entry times from 25 m pools will be seeded ahead of times from 50 m pools. In case the athlete has not result, the NT must be indicated. The submission must include: pool length, date, city (not the title of the event).
- The completed application forms (entries) must be named after the team (i. e., Kauno PM, Vilniaus VCM).
- The results must be achieved in the competition of at least sport's school.
- The swimmers, whose achieved results mismatch with the results from the technical entry or are achieved in the event of lower level than sport school's, will start with the mark "no result".
- All entries must be sent only by e-mail: **lpf.paraikos@gmail.com**
- Entries are considered to be accepted after a confirmation (reply) is received.

IV. COMPETITION

- 4.1. FINA rules are applied.
- 4.2. Timing system “Alge timing”
- 4.3. The swimming costumes and apparel must meet the FINA requirements
- 4.4. The competition is held with heats and finals:
- 4.6. In 50, 100 m events qualifications and “C”, “B” and “A” finals (except for 200 m medley where only “B” and “A” finals will take place). Finals will be held as following:
 - “A” final 1-6 places;
 - “B” final 7-12 places;
 - “C” final 13-18 places (in 50 and 100 m events), the final will be held only if there are more than 36 athletes.
- 4.7. Events with 6 participants or less will be held as an A final in the evening session
- 4.8. Relays: qualifications in the morning session and finals in the evening session (2 team members can be changed for the finals).
- 4.9. Before entering the race, the participant must register at the participants’ judge in the call room. In case of not showing up, the participant will not be allowed to participate in the event.
- 4.10. For the finals, 2 reserve names will be announced; they must come to the participants’ meeting point. In case, one of the finalists does not show up, the reserve takes his/her place. In case, the reserve is not present, the fine is applied as states in 7.4.
- 4.11. The written withdrawal from the final must be handed to the secretary no later than 30 min after announcing the results. Otherwise, the fine will be issued.

V. AWARDS

- 5.1. The first three swimmers in each event (only A finals) will be awarded with medals and diplomas of the Lithuanian Swimming Federation, in relays - only medals.
- 5.2. The best six swimmers who will collect the higher amount of FINA points in three events sum total (only in the individual events), will be awarded with money prizes:
 - I – 600 €;
 - II – 500 €;
 - III – 400 €;
 - IV – 300 €;
 - V – 200 €;
 - VI – 100 €.
- 5.3. If two or more swimmers collect the same amount of FINA points in three events, the winners will be announced according to the ranking he has in the first event (second, etc.).
- 5.5. If the athlete misses the award ceremony, he/she will not receive the prize.
- 5.6. There might be extra prizes.

VI. PROTESTS

- 6.1. Protests are allowed only against violations of competition rules and regulations as well as in situations where the competition or participants are endangered.
- 6.2. All protests must be submitted in writing with deposit of 50 Euro.
- 6.3. Meet's board of appeal will process protests according to the FINA rules.
- 6.4. In case of granted protest, deposit will be returned.

VII. FINANCIAL TERMS

- 7.1. Participation fee/person – 10 €,
“Late entry” – 15 Eur / event
- 7.2. The fee must be paid for all participants included into the protocol.
- 7.3. Fine for not meeting the standard in heats – 6 €, no fine in the finals.
- 7.4. Fine for missing the heat – 5 €, final – 15 €, relay – 20 €.

VIII. FINAL STATEMENTS

- 8.1. The Cup is a public event, where videos and photos might be taken.
- 8.2. The filmed and photographed material may be published in the media and online.
- 8.3. The team leaders are responsible for: following the deadlines; the participants' safety during the arrival/departure and the competition; proper behavior of their athletes during the competition and the free time.
- 8.4. By submitting application form participants agree to the Terms and Conditions of the Event.

IX. CONTACTS

- 9.1 Email – lpf.paraiskos@gmail.com
 - 9.2 www.ltuswimming.com
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