OPEN LITHUANIAN SWIMMING FEDERATION CUP 2017 REGULATIONS

I TIME AND PLACE

- 1. The competition will be held at the swimming pool "Bangenis" in Anykščiai (Ažupiečių g. 1A) on the 10–11 of November, 2017.
- 2. The beginning:

2.1. 10 th November (Friday)	- prelims	10.00
	- finals	17.00
2.2. 11 th November (Saturday)	- prelims	9.00
	- finals	15 30

3. Entry into the swimming pool opens 90 min before the beginning of the competition.

II PARTICIPANTS AND QUALIFYING TIMES

- 4. The competition is open to the teams of the Lithuanian sports schools, facilities, and centres, swimming clubs or individual participants, also for the Lithuanians residing abroad and foreign teams.
- 5. Qualifying times

Women	Event	Men
31,00	50 m FREE	26,00
1.08,00	100 m FREE	57,00
2.31,00	200 m FREE	2.06,00
36,00	50 m BACK	30,00
1.17,00	100 m BACK	1.08,00
2.49,00	200 m BACK	2.30,00
40,00	50 m BREAST	32,00
1.27,00	100 m BREAST	1.13,00
3.09,00	200 m BREAST	2.50,00
34,00	50 m FLY	27,00
1.17,00	100 m FLY	1.03,00
1.16,00	100 m MEDLEY	1.04,00
2.53,00	200 m MEDLEY	2.25,00
-	400 m FREE	-
-	200 m FLY	-
-	400 m MEDLEY	-

III COMPETITION PROGRAMME

8.

10 of November Part I (beginning 10:00)			11 of November Part I (beginning 9:00)				
1	100 m free	M	Q	17	100 m free	W	Q
2	200 m free	W	Q	18	200 m free	M	Q
3	50 m breast	M	Q	19	50 m breast	W	Q
4	100 m breast	W	Q	20	100 m breast	M	Q
5	200 m fly	M	Weaker h.	21	200 m fly	W	Weaker h.
6	100 m fly	W	0	22	100 m fly	M	0

7	100 m back	M	Q	23	100 m back	W	Q
8	50 m back	W	Q	24	50 m back	M	Q
9	100 m medley	M	Q	25	100 m medley	W	Q
10	200 m medley	W	Q	26	200 m medley	M	Q
11	400 m free	M	SLO	27	400 m free	W	SLO
12	50 m free	W	Q	28	50 m free	M	Q
13	200 m breast	M	Q	29	200 m breast	W	Q
14	200 m back	W	Q	30	200 m back	M	Q
15	50 m fly	M	Q	31	50 m fly	W	Q
16	400 m medlev	M	SLO	32	400 m medlev	W	SLO

Part II (beginning 17:00)				Part II (beginning 15.30)			
1	100 m free	M	Final B / A	17	100 m free	W	Final B / A
2	200 m free	W	Final B / A	18	200 m free	M	Final B / A
3	50 m breast	M	Final B / A	19	50 m breast	W	Final B / A
4	100 m breast	W	Final B / A	20	100 m breast	M	Final B / A
Award ceremony					Award ceremony		
5	200 m fly	M	FAST	21	200 m fly	W	FAST
6	100 m fly	W	Final B / A	22	100 m fly	M	Final B / A
7	100 m back	M	Final B / A	23	100 m back	W	Final B / A
8	50 m back	W	Final B / A	24	50 m back	M	Final B / A
	Award ceremony				Award ceremony		
9	100 m medley	M	Final B / A	25	100 m medley	W	Final B / A
10	200 m medley	W	Final B / A	26	200 m medley	M	Final B / A
11	400 m free	M	FAST	27	400 m free	W	FAST
12	50 m free Award ceremony	W	Final B / A	28	50 m free Award ceremony	M	Final B / A
13	200 m breast	M	Final B / A	29	200 m breast	W	Final B / A
15	_ • •	M	Final B / A	31		W	Final B / A
	50 m fly			_	50 m fly		
14	200 m back	W	Final B / A	30	200 m back	M	Final B / A
16	400 m medley Award ceremony	M	FAST	32	400 m medley Award ceremony	FAST	

IV COMPETITION

- 9. The competition is held with prelims and finals.
- 10. In 200 m fly, 400 m freestyle, 400 m medley events, in the morning session the weaker heats will be held, and in the evening session the strongest according to the entry results.
 11. In 50 m, 100 m, 200 m events (except 200 m fly) the heats will be held in the morning session
- 11. In 50 m, 100 m, 200 m events (except 200 m fly) the heats will be held in the morning session and finals "B" and "A" in the evening session. The events having less than 24 participants will be held as a final "A".
- 12. The event having 6 participants or less will be held as a final in the evening session.
- 13. Every athlete has to register at the event judge before the heat of their event. Athletes who do not register or are late are not allowed to participate in the event.
- 14. For the finals, 2 reserve athletes will be announced; they have to proceed to the call room.
- 15. The withdrawal form must be submitted to the secretary desk no later than 30 min after the results' announcement.

V ENTRIES

- 16. Technical entries must be submitted until 3rd of November, 2017, 12:00.
- 17. Last corrections can be made (deletion or submission into the same place) until 8th of November, 2017, 17:00. No changes will be accepted after the deadline

- 18. Entries must hold doctors' visas allowing participation in competition. Team leaders are responsible for the valid allowances.
- 19. The results submitted in the entry form must be achieved within the period from 01-09-2016 until 03-11-2017.
- 20. Entries must be submitted via "Entry Editor".
- 21. Entries must indicate achieved result (if there is no result, please indicate NT) in the 25 m or 50 m pool, the length of the swimming pool, date of achievement, city (not the name of the competition).
- 22. The completed application forms (entries) must be sent to the Lithuanian Swimming Federation. The document file of the attached application must be named as the team name.
- 23. All entries must be sent only by e-mail: lpf.paraiskos@gmail.com
- 24. The entries might also be submitted via swimrankings.net online system.
- 25. The results must be achieved in the competition of no lower level than sports school competition, etc. The result must be approved at www.swimrankings.net.
- 26. Entries are considered to be accepted after a confirmation (reply) is received.
- 27. The swimmers, whose achieved results mismatch with the results from the technical entry, will start with the mark "no result".
- 28. The open competition allows participating the foreign athletes.

VI ORGANIZATION, AWARDS AND WINNERS DETERMINATION

- 29. FINA rules are applied
- 30. Competition results will be recorded with Alge timing system.
- 31. The swimming costumes must meet the FINA requirements. The Lithuanian athletes are not allowed to wear other countries' caps.
- 32. The I place winners will be awarded with the cups and diplomas (might be other prizes as well), and II and III place winners are awarded with diplomas (might be other prizes as well).
- 33. Five best swimmers who have achieved the highest results (according to FINA points table) after summing up the points of three events (only individual events) will be awarded with money prizes (eligible for all participants):

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    I place - 500 €;
    II place - 400 €;
    III place - 300 €;
    IV place - 200 €;
    V place - 100 €.
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- 34. If there is a situation with a couple of athletes having the same amount of points after summing up the points of 3 events, the higher place will go to the athlete having a higher rank in the first (second, third...) events.
- 35. The athlete who does not participate in the podium ceremony looses the right to the award
- 36. The organizers may present extra prizes, the information will be published before the championships

VII PROTESTS

- 37. Protests are allowed only against violations of Competition rules and regulations as well as in the situations where the Competition or participants are endangered.
- 38. All protests must be submitted in writing with a deposit of 50 Euro.
- 39. The appeal commission will process protests according to the FINA rules.
- 40. In case of granted protest, deposit will be returned.

VIII FINANCIAL TERMS

- 41. Participation fee -15 €.
- 42. The participation fee must be paid for all participants.
- 43. The fine for missing the start (in the heats) -5 €, in the finals and relay -10 €.
- 44. The fine for not achieving the qualifying standard is $-5 \in$.
- 45. The federation will not cover any accommodation and travel expenses.
- 46. In case you need an invoice, please send the request with your details to lpf.paraiskos@gmail.com.

The participation fee and fines must be paid to federation's account:

Lietuvos plaukimo federacija

AB SEB bank

IBAN LT49 7044 0600 0150 1455

SWIFT code CBVILT2X

IX. FINAL STATEMENT

- 47. The competition is a public event, where videos and photos might be taken.
- 48. The filmed and photographed material may be published in the media and online.
- 49. The team leaders are responsible for:
- 48.1. following the deadlines;
- 48.2. the participants' safety during the arrival/departure and the competition;
- 48.3. proper behaviour of their athletes during the competition and the free time.
 - 50. By submitting application form participants agree to the Terms and Conditions of the Event.

X CONTACTS

- 51. Email <u>lpf.paraiskos@gmail.com</u>
- 52. Website www.ltuswimming.com
- 53. Other contacts:
 - 53.1 Competition director Evelina Navašinskaitė: +370 684 91708